







REVISION WORKSHEET 1 Sources of Food	
	te: 25/2/2020
1) Names of some animals are given below.	
i. Snake	
ii. Horse iii. Vulture	
iv. Deer	
Which of the above animals form a pair of carnivores?	
A) i and ii	
B) i and iii	
C) i and iv	
D) ii and iv	
E) None of these	
2) Which of the following parts are edible in a banana plant?	
A) Fruit	
B)© Stem	
C)O Flower	
D) All the above	
E) None of these	
3) Below two statements are given. Choose the correct option for the given statement	atements.
Statement 1: Plants are producers.	
Statement 2: Honey is a plant product.	
A) Statement 2 is correct and statement 1 is incorrect.	
B) Statement 1 is correct and statement 2 is incorrect.	
C) Both statements 1 and 2 are correct.	
D) Both statements 1 and 2 are incorrect.	
E) None of these	
4) Which crop among the following is a source for most of the food for human	beings?
A) Sorghum	
B) Coffee	
C) Wheat	

D) Millet

E) None of these

5) Which of the following is a food substances?
A) Fruits
B) Grasses
C)O Leaves of many plants
D) All the above
E)  None of these
6) Monkey is an/a:
A) Herbivores
B) Carnivores
C) Scavenger
D) Omnivores
E) None of these
7) In which of the following plants, seed is not the edible part?
A) Wheat
B) <sup>©</sup> Pea
C) Spinach
D)◎ Rice
E) None of these
8) is produced when the seeds begin to grow by developing tiny roots.
A) Honey
B) Flour
C) Sprout
D) Cheese
E) None of these
9) Which of the following is an example of a scavenger?
A) Bear
B)
C) Horse
D) Tiger
E) None of these

10) Which of the following is included in our diet but it is neither a plant nor an animal product?
A) Oil
B) Milk
C) Salt
D) © Rice E) © None of these
11) In which of the following plants stems are the edible parts?
A) Radish
B) Potato
C) Carrot
D) Apple
E) None of these
12) Which of the following is an example of oilseed?
A) Mustard
B) Soya bean
C) Maize
D) Both [a] and [b]
E) None of these
13) Which part of most of the plants provide us oil?
A) Leaves
B) Fruits
C) Seeds
D)© Flowers
E) None of these
14) Which vitamin among the following is rich in cod liver oil?
A) Vitamin B
B) Vitamin C
C) Vitamin A
D) Vitamin K
E) None of these

- 15) Teeth are present in:
- A) Sparrow
- B) Snake
- C) Earthworm
- D) Bee
- E) None of these
- 16) Which of the following stores food in its stem?
- A) Sweet potato
- B) Sugarcane
- C) Cabbage
- D) Spinach
- E) None of these
- 💻 17) Herbivores, Carnivores, Omnivores are the categories of animals divided on the basis of their:
- A) Habitats
- B) Food habits
- C) Types of animals round them
- D) All the above
- E) None of these
- 18) Match the following:

Column A		Col	umn B
(i)	Garlic	A.	Fruit
(ii)	Spinach	B.	Root
(iii)	Orange	C.	Leaf
(iv)	Turnip	D.	Stem

- A) (i-D), (ii-A), (iii-B), (iv-C)
- B) (i-B), (ii-D), (iii-A), (iv-C)
- C) (i-D), (ii-C), (iii-A), (iv-B)
- D) (i-C), (ii-A), (iii-D), (iv-B)
- E) None of these

19) Which among the following animals eat food already digested by another animals?
A) Tapeworm
B) Frog
C) Lizard
D) Crab
E) None of these
20) In coriander, which part of the plant is edible?
A) Seeds
B) Stem
C) Leaves
D) All the above
E) None of these
21) Which of the following contains least amount of carbohydrates?
A) Wheat
B) Egg
C) Bread
D) Potato
E) None of these
22) Which solution among the following is used to test the presence of starch?
A) Copper sulphate solution
B) Iron sulphate solution
C) Iodine solution
D) Water solution
E) None of these

23) Which mineral among the following is essential for the proper functioning of thyroid gland?
A) Phosphorus
B) Iron
C) Iodine
D) Potassium
E) None of these
24) Milk does not contain:
A) Calcium
B) Dietary fibre
C) Fat
D) Protein
E) None of these
25) Which one of the following processes is responsible for regulating the temperature of our body?
A) Filtration
B) Decantation
C) Evaporation
D) Sedimentation
E) None of these
26) Which of the following is not any deficiency disease?
A) Kwashiorkor
B) Scurvy
C) Typhoid
D)  Anaemia
E) None of these
27) Which vitamin can keep our gums healthy?
A) Vitamin A
B)© Vitamin B6
C) Vitamin D
D) Vitamin C
E) None of these

28) If a child has bent legs and a pigeon-type chest then the child is suffering from the deficiency of:
A) © Vitamin B
B) ♥ Vitamin D
C) Vitamin C
D)© Vitamin A
E) None of these
29) is a non-dietary fibre food.
A) Spinach
B)  Whole wheat
C) Fish
D)  Bean
E) None of these
30) Some food items are given below.
i. Rice
ii. Meat iii. Egg
iv. Sugar
iv. Sugar Which of the following food items are rich in protein?
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31) Our body can synthesize some amount of vitamin D in the presence of:	
A) Vitamin A	
B) Protein	
C) Carbohydrate	
D) Sunlight	
E) None of these	
32) Deficiency of iodine in the diet of a child causes a disease known as	
A) Marasmus	
B) Rickets	
C) Kwashiorkor	
D) Cretinism	
E) None of these	
33) When a peeled potato is rubbed on a paper, bright, translucent spots appears on it which shows the presence	of:
A) Protein	01.
B)© Fat	
C) Vitamin	
D) Water	
E) None of these	
34)Solution is used to test the presence of protein in food.	
A) Pure water	
B) Copper sulphate	
C) Iodine	
D) Zinc sulphate	
E) None of these	
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35) Match the following:

Colum	ı A	Column B		Column B	
(i)	Vitamin A	[A] Gums			
(ii)	Vitamin C	[B]	Muscles		
(iii)	Vitamin D	[C]	Eyes		
(iv)	Vitamin B	[D]	Bones		

- A) (i-B), (ii-A), (iii-D), (iv-C)
- B) (i-C), (ii-D), (iii-A), (iv-B)
- C) (i-D), (ii-A), (iii-B), (iv-C)
- D) (i-C), (ii-A), (iii-D), (iv-B)
- E) None of these

36) Which part of egg contains more protein?

- A) Egg white.
- B) Egg yolk
- C) Eggshell
- D) Both [b] and [c]
- E) None of these

37) makes the enamel of the teeth hard and prevent dental caries.
A) Olodine
B) Sodium
C) Fluorine
D) $\circ$ Vitamin $B_1$
E) None of these
38) Below some minerals are given. Which pair of the minerals you should take to improve your dental health?
A) Phosphorus and fluorine
B) Iron and sodium
C) Iron and calcium
D) Iodine and sodium
E) None of these
39) Which of the following helps in maintaining constant body temperature.
A) Phosphorus
B) Roughage
C)© Water
D)© Iodine
E) None of these
40) Some symptoms of a disease are given below.
i. Person looks pale.
ii. Person tires easily. iii. Person loses weight,
iv. The nails of the person also turns white.
Which disease is this?
A) Goitre
B) Anaemia
C) Rickets
D) Scurvy
E) None of these

